

Our Mission

Our Mission is to empower individuals and families living with mental health and substance abuse concerns by providing counseling, Care Coordination, and supportive services.

We focus on individual strengths to foster the achievement of personal goals and healthy decisions.

We do this because we value diversity and choice, and we are dedicated to providing a welcoming environment where everyone learns, feels respected, and is genuinely understood.



Contact Us

APC is a holistic social service agency established in 1995 to meet the needs of children, youth, adults, and families.

Website:

www.altlig.com

Phone: 414-358-7999

Fax: 414-393-1640

Email: apc@altlig.com

Main Location:

10045 W. Lisbon Avenue
Wauwatosa, WI 53222

Directions:

From 94 take 45 North
Then take Capitol Drive East to
West Lisbon Avenue
(On the 62 Bus Line)

South Side Location:

5757 W. Oklahoma Avenue

Directions:

From 94 take 45 South
to Oklahoma Avenue East
(On the 51 Bus Line)

Alternatives In Psychological Consultation

APC



*Where There Are No
Wrong Doors, Only
Alternatives!*



Outpatient Counseling

Our clinicians provide individual, family and couples therapy to people with a variety of sole and co-occurring concerns including:

- Depression & Anxiety
- Substance Use and Addictions
- Trauma
- Anger management
- Grief, and many more.

We accept Medicaid, Medicare, a variety of HMOs, private insurances, and private pay.

For questions regarding insurance, or to make an appointment, call 414-358-7144.

Care Coordination Program for Youth & Families

APC contracts with Milwaukee County to provide Care Coordination services through its Wraparound and Reach programs. The focus is to keep families together and to address complex mental health and substance use concerns by:

- Developing a Family Vision
- Focusing on Family Strengths & Abilities
- Utilizing a Team Approach
- Building on Community Resources
- Encouraging Informal Supports

Care Coordination Services are authorized and funded by Wraparound Milwaukee.

*Families in need of this service should contact **Wraparound Reach** – 414-257-7586.*

Targeted Case Management

APC's Targeted Case Management (TCM) program provides both direct and indirect services to adults in Milwaukee County who are living with mental illness, and/or substance use, and other co-occurring issues. Key aspects of the program include:

- A focus on an improved quality of life
- Development of individual goals
- Assisting facilitation of formal & informal supports
- Helping individuals stay active in the community
- Use of Certified Peer Support Specialists
- Payee Services

*TCM services are authorized by Community Access to Recovery Services (CARS). Individuals should contact **CARS** at 414-257-8085.*

Psychiatric Nurse Program

The APC psychiatric nurse program, located at the Milwaukee County Vel R. Phillips Juvenile Justice Center, provides detained youth with screening and other mental health services. Safety of youth within this setting is our primary goal.

Our nurses:

- Are skilled behavioral health professionals
- Have experience working with co-occurring concerns
- Specialize in the care of children and adolescents.

Family Support Services

Our Family Support Services (FSS) program provides numerous person-centered services to children and families in Milwaukee County. Keeping families together and safe is our goal and is at the heart of what we do!

Services include:

- Crisis Stabilization
- Individual /Family Training & Support Services
- Mentoring
- Parenting Assistance
- Supervised Visitation
- Unsupervised Visitation Support
- Tutoring

Referrals for services should be faxed to 414-393-1624.

Comprehensive Community Services (CCS)

The CCS Program is a community based service available to qualifying adults and children who have Medical Assistance (T19) and have a mental illness and/or substance use diagnosis. Some services provided include:

- Care Coordination
- Individual Skill Development
- Psychotherapy
- Wellness & Physical Health Monitoring
- Peer support & Psychoeducation & More!

For information on program enrollment go to: <http://county.milwaukee.gov/CCS.htm>